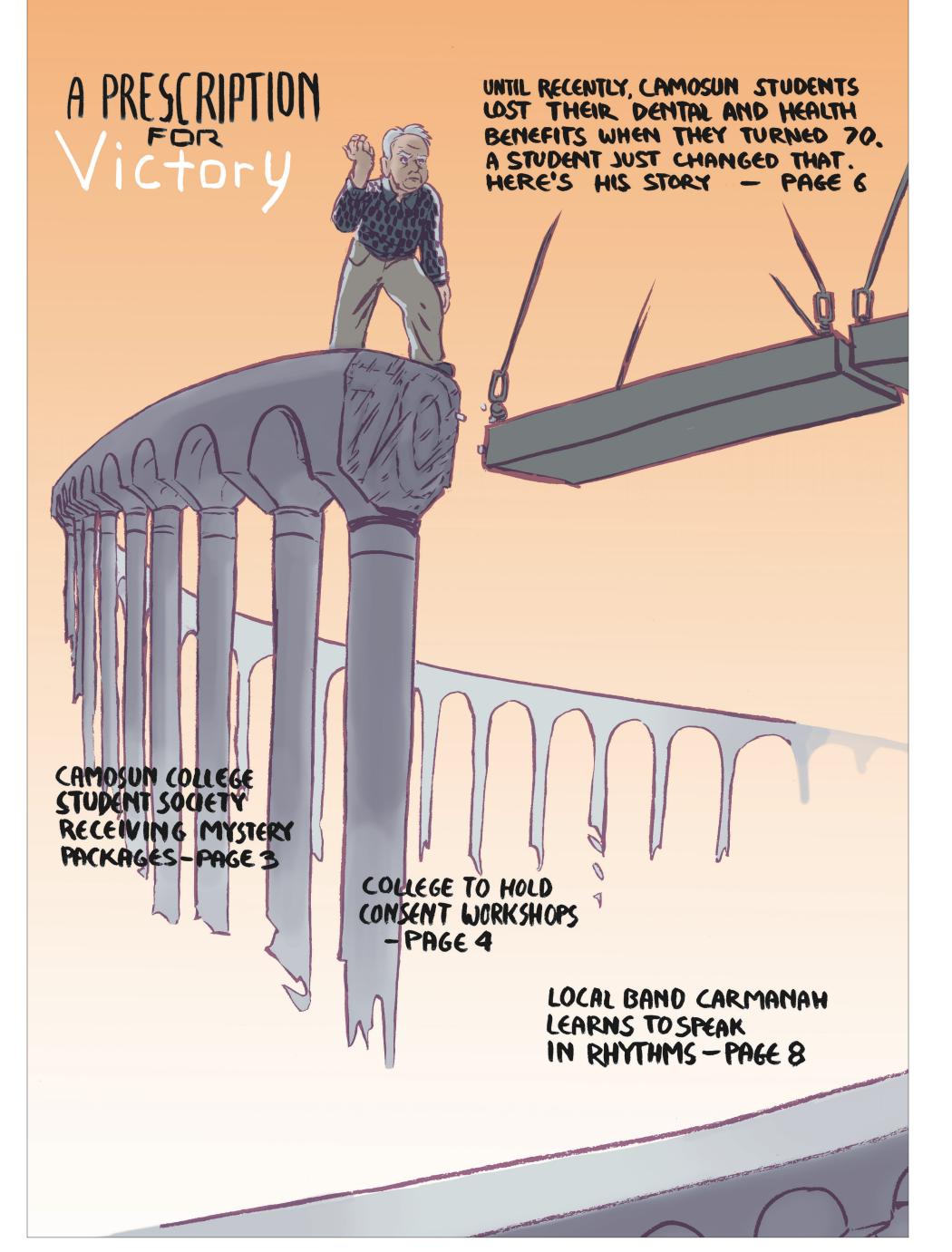
CAMOSUN'S STUDENT VOICE SINCE 1990



student editor's letter

Students do have a voice

ation here, apparently, is the elderly.

medical costs, I wouldn't be too impressed.

Head over to page 6 to read all about it.

not just some of them.

flashback

Here at Camosun, we hear a lot about making sure that anyone who is

Almost every term I've been here, I've seen a person who looks over 65

a paying member of this institution—in other words, students—are not

discriminated against. But one group who still falls victim to discrimin-

carrying textbooks off to class. I say good on them: if you want to learn,

it's never too late to do it, and it makes sense that retirement would be a

Camosun College Student Society's website, to be precise—to find that

students over 70 lose their dental and medical coverage. Or, at least, that

was the case before we started this issue's feature story. By the time we

had gone to the printers, the student society had changed that policy. And

that's a good thing. Because if you're trying to tell me that once students

turn 70—nine years short of the average life expectancy for males as of

2017—you're going to kick them to the curb and leave them to cover their

telling the story of one Camosun student who recently turned 70 and was

not happy with the fact that he no longer had medical coverage. At least

that's what was going on when we first contacted the student; by the time

we went to press, our story had taken a decidedly more feel-good turn.

looking for new volunteers; drop me an email to find out more.

If this story inspires you to get involved with the paper, we're always

And, remember—we always need to stand behind all our students.

This issue, features writer Fred Cameron dives deeper into this by

Now, this all sounds well and good, but one need not look too far—the

good time to re-evaluate how you want to spend your time.

NEXUS

Next publication: February 21, 2018

Deadline: 9 am Monday February 12, 2018

3100 Foul Bay Rd., Victoria, BC,

Lansdowne Richmond House 201

editor@nexusnewspaper.com

Nexus Publishing Society

NEXUS PUBLISHING SOCIETY

STUDENT BOARD MEMBERS

Jayden Grieve

Deniz Unsal

Greg Pratt

Adam Marsh

Adam Boyle

Fred Camero

Greg Pratt

NEXUS IS A MEMBER OF

CONTRIBUTORS

CANADIAN UNIVERSITY PRESS

Sean Annable

Javden Grieve

Patrick Newman

Cindy Peckham

Something on your mind? If you're a

Camosun student, send Open Space

submissions (up to 500 words) to

editor@nexusnewspaper.com.

Include your student number. Thanks!

All editorial content appearing in *Nexus* is property of the Nexus Publishing Society. Stories, photographs, and artwork

Vexus has no official ties to the administration of Camosu College. One copy of *Nexus* is available per issue, per persor

Vexus prints letters to the editor. Nexus reserves the

MOXIS prints letters to the edition means reserves the right to refuse publication of letters. Letters must include full name and student number if a Camosun student (not printed). Mexis accepts all letters by email ceditor@nexusnewspaper.com. We reserve the right to editor@nexusnewspaper.com. We reserve the right to edit

OVERHEARD AT NEXUS: "You're like a candlestick."

COVER ILLUSTRATION: Sebastien Sunstrum

Renata Silva

Deniz Unsal Lynn Wohlmeguth

250-370-3593

780-421-1000

Sebastien Sunstrun

FREE Media (national)

advertising@free-media.com

MANAGING EDITOR

STUDENT EDITOR

FEATURES WRITER

COVERS ILLUSTRATOR

ADVERTISING SALES

STAFF WRITER

Nadine McCully

Patrick Newman

Felicia Santarossa

democracy matters

Like most Canadians, I don't

give democracy much thought. I

take it for granted; I've always had

it. But what does it really mean?

Does it simply mean I can vote? In

truth, that's probably what most of

us think of when we hear the word

What about freedom? Does

it mean that? Some would argue

that democracy does not equate to

freedom, but I wonder how you can

have democracy and not also have

at least some degree of civil liberties

incial student organizations take

and argue about our money is an

interesting exercise in observing

We elect officials to government

and other institutions based on the

desires we have for our society and

the outcomes we would like to see

accomplished. Maybe the feeling of

freedom comes from knowing this,

and from knowing that we will be

provided with opportunities to be

heard by attending public hearings,

filling out surveys, and voting on

what should be a democracy.

Watching national and prov-

BCFS-CFS referendum debate proves

open space

February 7, 2018

cause us to re-evaluate whether or

of our organizations after the gov-

ernment model of democracy, and

the CFS is no exception. There is

currently a he said/she said going on

between the BCFS and the CFS re-

garding the remittance of Camosun

student fees (see nexus newspaper.

com for our full coverage of the

issue). The Camosun student body

has indicated its desire to hold a

referendum to decide whether or

not to defederate from the CFS.

Yet the CFS states that the referen-

dum cannot be held until the BCFS

remits to the CFS approximately

\$200,000 of Camosun students'

CFS fees given to the BCFS by the

Camosun College Student Society.

The BCFS says that it's allowed to

hold on to that money because it is

a provincial component of the CFS,

and that the CFS has no right to stop

ization is right, here's one truth:

Camosun students are paying fees

to both organizations until it all gets

settled, and, for now, they are—

literally—paying for an imperfect

way of Camosun students voting

to leave the organization? Doesn't

it seem counterintuitive that the

CFS would be able to wield that

much power over whether or not

students vote on a matter that would

It does leave one to wonder

determine their own fate?

How can the CFS stand in the

Regardless of which organ-

the referendum.

We've decided to model many

not voters have the final say.

nexusnewspaper.com

student society

"My personal conspiracy theory is that it's a really bad marketing company."

TAGG KELT CAMOSUN COLLEGE STUDENT SOCIETY

who sent it to you.' They had me read off a tracking [number] from the box, and they were like, 'Yup, pen," says Sandy. "I think once you received it,' and I was like, we realized it seems to be a really 'I'm aware.' Apparently, once it's left, they don't really have a way of telling who it's from.'

Vancouver Island University Students' Union (VIUSU) in Nanaimo is one of the other student societies getting packages. They, too, contacted Amazon but have not had any more luck in determining the source of the mystery packages.

"We used to call Amazon every time we received something, and there was an ongoing investigation," says VIUSU organiser of campus life Jessica Sandy. "They were pretty perplexed by the whole thing. As far as they could tell, it was individuals opening up a new account with nonsense email and names and paying for these things with gift cards. They were all from third-party Amazon sellers, so they couldn't really look as much into it."

contain a single, small item.

that aren't connected, it's just been rather funny—'What are we going to get today?' Everyone opens the package and laughs. I don't feel like it's being done for any ill reason. I just can't see why." Two theories have some cyber-

mismanagement, not malice.

"My personal conspiracy theory

is that it's a really bad marketing company," says Kelt. "They've gotten too ahead of themselves, and the guy who's sending out the products hasn't gotten in touch with the person who's supposed to get in touch with the student society and be like, 'Hey, we'd like to offer these products to students; here are some of the products.' That's what it feels like to me—we just haven't gotten

Camosun College Student Society receiving mystery packages



GREG PRATT/NEXUS

Camosun College Student Society clubs and events coordinator Tagg Kelt opening a mystery package.

JAYDEN GRIEVE CONTRIBUTING WRITER

The Camosun College Student Society (CCSS) is one of several student unions throughout the province that has been receiving mystery packages from Amazon. The packages, which started showing up to the CCSS in late October, contain seemingly random items, including, to name just a few examples, small technological gadgets, sewing needles, and sex toys. And no one's quite sure who's sending

"I order things for the society all the time and I order things from Amazon. The student society orders weird things sometimes," says CCSS clubs and events coordinator

'Did someone order 30 umbrellas?' I was like, 'Yeah, that was me. [But the mystery packages are] addressed to the 'students' union,' but we don't call ourselves that. Doesn't say anything about Camosun. It's got the shipping address for the college, which isn't really openly published; most things we order to the address of the college, not the shipping address."

umbrellas, and someone was like,

Kelt explains that the packages slowed down around Christmas but have picked back up in the last few weeks. The day Nexus talked to Kelt for this story, the CCSS had already received five packages by 2 pm (the last was a single cat tag). Kelt says the CCSS isn't particularly

that they aren't sure what to do with the items that aren't useful.

"Our bookkeeper was worried that we were gonna be financially on the hook for this stuff, like it was gonna come with a bill later, but Amazon doesn't work that way, as far as I know. You have to pay money for them to ship you things," says Kelt. "The downside is that we can't return any of it. To initiate a return with Amazon you have to go in the account that initiated the order and create a return; that's the only way."

Nexus contacted Amazon but was unable to talk to anyone who was aware of the situation. Kelt had a similar issue when he first began receiving the packages.

"I talked to a customer service

of organizations and businesses all over Canada have had this hap-

The VIUSU has received yoga mats, headphones, a men's sex toy, and about 100 other items, and while they've used a few things like a Bluetooth speaker—they aren't thrilled about the deliveries. Sandy says they have concerns over the waste of the packaging, especially considering some packages only

"The only way they said that we could stop it was to block all the deliveries from Amazon to our office. They said that there's an investigation right now, that it's not just student unions—all kinds

random selection of organizations

security experts concerned about packages that show up to someone who hasn't ordered them (Amazon packages in particular are showing up for organizations and individuals across North America). One theory is that they're a way to test stolen credit cards before making bigger purchases; the other is that the thief in question is buying small items to find patterns in when the items get picked up. If they see that a package is delivered and then sits outside a house for a day, they could order a large item and then go grab it.

But Kelt feels that the cause of the mystery packages is one of

the thank-you note yet."

25 Years Ago in Nexus



GREG PRATT MANAGING EDITO

Still senseless?: In his *Earth* Person Commentary column in our February 8, 1993 issue, writer Alan Callbeck said that humanity is "moving toward increased senselessness, a depersonalized reality where emotional expression, intellectualization and simple human contact have been reduced by the way we live, work and behave." So, it's 25 years later, and our question, to Callbeck—if he's reading this and to our readers in general, is this:

have we reached that point? **Still not good:** This issue had a focus on sexual harassment; in the editorial, writer Elizabeth Rotenburger said that if we could problem of sexual harassment could be solved. This, though, would be an live in the real one." But Rotenwe have to each other as fellow human beings." Made sense then, makes sense now.

Still blushing: In this issue, volunteers, just FYI.

"cultivate some respect for one another, the hideous and degrading ideal world and we, unfortunately, burger had hope, adding that just because "the world is not perfect, however, is certainly not a sufficient excuse to renege on the obligation

Adam Marsh, student editor

adam@nexusnewspaper.com

former Nexus photos editor S. Paul Varga wrote in to sing our praises. "I wish The Nexus all the best and urge anyone who ever read a newspaper to get involved in a most rewarding venture—volunteering for the best looking and reading college community newspaper I have seen." Thanks, Paul. And to you, dear reader: we're still taking on new

important matters, such as in a democracy. referendum. Perhaps the feeling of freedom also comes from the peace of mind we have in knowing that if we do not like the way the powers that be are doing things, then we can simply vote them out. Granted, we must allow a certain leeway in order for the people we elected to actually do

> Or will we? Let's bring this away from the conceptual and to Camosun, and into the pockets of the very least, it could be construed Camosun students.

the final say.

The latest saga between the Canadian Federation of Students (CFS) and the British Columbia

what we elected them to do free from where democracy ends and someour interference, but at the end of thing else begins. If the powers that the day, I still think we know deep

be hold all the cards and ultimately down that we, the voters, will have have the freedom to ignore a call for a referendum from the public that elected them, then does that nudge them more toward dictatorship? At as an abuse of power, or taking advantage of their position to block

a referendum where the outcome may prove unfavourable for their Federation of Students (BCFS) may organization. How is Camosun College doing with accessibility issues?

We look into it in our February 21 edition.

Tagg Kelt. "Like, I bought 30 umbrellas, so we got an order for 30

Camosun offering

Ireland field school

Camosun College's English

department is looking for students

to sign up for its course on Irish

literature that includes a journey

to Ireland. Students taking English

163 will study at Camosun during

May, then go to Ireland for the field

school in May and June. The college

says students should budget \$4,000

for travel, tuition, food, accommo-

dation, and activities, and says that

scholarships are available. Students

who have taken English 163 may

be able to take this as English 290;

the courses are transferrable. The

application deadline is February 13;

see camosun.ca/international/stud-

yabroad/field-schools/ireland.html

or email studyabroad@camosun.ca

Sustainable feedback

On Thursday, February 8,

for more information.

NEWS BRIEFS

concerned about any safety aspect of the mystery packages, but he says 151 at the Lansdowne campus. The open-house style event is open

to students and staff and will give

vide feedback on the college's sus-

tainability initiatives. Warm drinks

and snacks will be provided. See

camosun.ca/sustainability for more

Camosun receiving

rep," he says, "and they were like, 'Yeah, hold on to it, we don't know

Khalifa started at Camosun in 1992 in the Chemistry department but

has worked in a number of areas,

everyone involved a chance to pro- including applied research, health and wellness, review of college programs, and strategic planning. His position started on February 1. **Bubbles gets**

information on this and other ways to get involved with Camosun's environmental policies and plans.

tech funding Camosun College recently received \$200,000 from the provincial government to assist with access

New associate dean

Camosun College is having what Nasr Khalifa has taken on the it's calling a Sustainability Cafe event from 9 am to 12:45 pm in the Library Learning Centre room of Arts and Science at Camosun.

to technology-related certificate programs. The college will be able to add 40 new student spaces in Want to be our next news writer? these programs by the 2019/2020 academic year.

for the School of **Arts and Science**

role of associate dean in the School

new turtle pal Camosun's biology department

has given Bubbles, the turtle who lives in the pond on the first floor of the Fisher building at Lansdowne, a new turtle friend, Cleo. Cleo was moved to Fisher just before

-ADAM MARSH

No experience required! Get in touch with us to find out how.

Got a news tip? Something going on around campus we should know about? Email editor@nexusnewspaper.com

Eye on the National Student Movement **GREG PRATT** fees until the CFS remits money

In our January 24, 2018 issue, we reported that the Canadian Federation of Students (CFS) had referendum to be held at Camosun so students could decide if they want to defederate from the organization. The Camosun College Student Society (CCSS) had agreed to those dates, but the CFS is now saying the CCSS needs to propose new dates.

CFS bylaws state that a referendum cannot happen if there are outstanding fees. As previously reported in Nexus, the CCSS had been remitting CFS fees for several years to the British Columbia Federation of Students (BCFS), a provincial component of the CFS that says it is a separate legal entity from the national organization. The total amount of the fees is approximately

The CFS claims the referendum cannot happen until those fees are remitted to the national CFS office; the BCFS claims it can keep those fees because it is a provincial component. (They are holding the is settled.

\$200,000.

which is also Camosun student fees: when students pay fees to the CFS. a provincial allocation is supposed proposed March 7 to 9 as dates for a to be remitted to the BCFS, and the The CFS did not respond to the CCSS' agreement to the referendum

that it owes the BCFS, a portion of

dates that will give the BCFS time to remit the \$200,000. The CCSS then told the CFS again by email that it has accepted the March 7 to 9 dates and believes the CFS should honour that, as the

dates and told Nexus that it is wait-

ing for the CCSS to propose new

CCSS remitted its CFS fees to the provincial CFS component, a practice that was historically accepted. On February 3, the CFS sent an email to the CCSS saying the

March referendum dates were only suggested as possible dates by the CFS and weren't confirmed. The CFS bylaws state that a

referendum cannot happen between April 15 and September 15; Camosun students will continue paying into both organizations until this

hat are your thoughts on students over 70 at Camosun losing their medical and dental benefits?



COLIN LINDELL

"I wonder if maybe there is some extra [government] coverage he's now getting that would be a reason that the college's policy is exempting people over that age. I would hope that he's getting all the help he



SEBASTIAN SUTTER

"It's not really that great, but I guess the college figures he's old enough that he can afford it."



KARDEEP KAUR

"It's ridiculous."



COLTON MOLNAR-COAD "That's the whole point

of group insurance plans. When somebody breaks their leg it doesn't really matter because everyone paid a small amount... For the small percentage of people who are over 70 that are attending Camosun, it's probably really not necessary to

drop [the policy]."



HANNAH SIMMONS

"It seems pretty unfair, to be honest. If someone's older and they're going to school and still trying to get their education, it's no different than someone who's younger."



Y ADAM MARS

JANELLE HIESSEN "In my opinion, anybody

who's at the school should be able to have the same benefits, whether they're younger or older, because there's also high-school students that come and would get those benefits." sports

Camosun student hits career highs in basketball with the Chargers



Camosun Chargers men's basketball student athlete Dylan Marsden in action.

Camosun Chargers men's basketball student athlete Dylan Marsden recently had a commanding 32-point weekend, hitting his own personal career high. Marsden was also recently nominated for PACWEST Athlete of the Week; he's proud of what he's accomplished, both for himself and for Camosun.

"I mean, obviously, it's every athlete's dream to be nominated for things like this," says Marsden, who is in his fourth year of the Sports Fitness and Leadership program, specializing in sport management. "You want your personal goals, but something like that makes me happy, and I'm honestly just happy

Camosun College is holding

consent-education workshops

this semester as part of its sexual

violence and support education

initiative. Camosun student sup-

port manager Jenny Holder says

the workshops—which are open

to Camosun students and employ-

ADAM BOYLE we picked up two big wins last Marsden. "I've been doing stuff weekend. You know, classmates will come up and talk to me about as a team, managing our Instagram the game or whatever, and it's a lot of fun. Camosun is a more tight-knit school than a lot of people think, and it's just so much fun playing for Camosun.'

> Marsden didn't want to stop at being just an athlete on the team, though—he's also been active in various aspects of Chargers promotion. He says that helping to spread awareness of the team is one of his

> "I try to be as involved in the Chargers as possible. I think the Chargers have a really good platform to bring students together through sport, so that's been one of my goals with all this," says

like getting around in person and account, and doing some behindthe-scenes things as well. We try to be as involved with students as we can; one of our biggest projects last year was to start this thing called 'the blue revolution,' which is basically a man in a blue morph suit that's kind of like a mascot, but used to complement the mascot. A lot of our promotion is on Instagram; we call the morph suit man 'Blue,' and

Marsden says that playing college basketball wasn't always in the cards for him. He actually gave up on playing sports for a while after he finished high school.

he has an account too."

"I was involved with sports

CAMOSUN CHARGERS ATHLETICS growing up and throughout high school, but after school I kind of stopped playing. I tried recreational leagues and it wasn't the same competitive nature that I wanted. I switched sports a few times and wanting that competition drove me back to playing, and ultimately I ended up at Camosun," says Marsden. "Like [Chargers men's basketball head coach Scot Cuachon] always says, 'Wherever you go, you want to leave the previous place in a better situation than when you arrived.' When I came here, I wasn't sure what I wanted. I was never a superstar player or

anything but I knew that I could help

the program, and that's what drives

me to keep going—the want to leave

the program in a better place."

"I was never a superstar player or anything but I knew that I could help the program, and that's what drives me to keep going—the want to leave the program in a better place."

February 7, 2018

DYLAN MARSDEN CAMOSUN CHARGERS

Marsden says that although he'll be leaving the team one day, he wants to stick around Camosun if he can. For him, being involved with the Chargers even after he's finished school would be a dream come true. He says that Camosun has been a big turning point in his life and he wants to continue to

"I want to be involved in the sports industry for sure, and I would truly love to be involved with the Chargers athletics and make a job out of my passion for the program. It's something I've always thought about—if I could work in a staff position in the athletics department, that would be pretty cool," says Marsden. "If not, though, somewhere in sports, for sure. I love Victoria and my goal is to work local with a sports team, but working with the Chargers would be great—they have honestly changed my life, and I'm so thankful I came back to school."

Camosun to offer consent-education workshops in February and March



can get support.

"The intent is to educate the

understanding consent and looking

at it as a real issue in our community

here at Camosun, and also in the

broader community," says Holder.

that's what we're doing here by offering this educational process and engagement."

ees—consist of information regard- work to do around sexual violence

Holder says there is still a lot of really educate and offer support to

Camosun College is holding four consent-education workshops at both campuses during February and March.

ing how sexual-violence survivors and misconduct in society today. "There are several movements that are in motion right now and student body on the importance of we're happy to be a part of that movement here at Camosun in our own way," she says. "We're working where we have power and control to engage with our community here to

those who are victims and survivors so that the issues come to light and are put in the important place says. that they should be placed in, and

"There are several movements that are in

motion right now and we're happy to be a part

of that movement here at Camosun in our own

way."

Holder would like to let people who are struggling with abuse 101 in the Centre for Business and and misconduct know that there is support at Camosun.

"There is safety," says Holder. "We're coming from that student-centred perspective that we want to reach out and offer the support. We're here."

Camosun acting associate director of student services Jodi Goodrick says that the college encourages students to use the supports in place.

"We really, really want to have students accessing supports," she

JENNY HOLDER

The first workshop is from 2:30 Cutting off the problem pm to 4:30 pm on Thursday, Febru-Help Friends of Uplands Park restore ary 8 in Young 300 at Lansdowne. the park to its natural state by joining them in pulling out ivy and other The next is from 2:30 pm to 4:30 pm invasive plants every Sunday until on Thursday, February 22 in room March 25. Tools and gloves will be provided; no experience necessary. Access at Interurban. The group will be meeting from 1 to 4 pm at the Cattle Point kiosk. See friendsofuplandspark.org for info.

The March dates are March 8 at Lansdowne and March 22 at Interurban, in the same rooms and times as the February workshops.

"We're reaching people who are isolated and who deserve to have the support of their community," says Holder. "The students deserve that support and we want to make sure know your profs

Camosun's Glen Allen on student mobility and sorting out waitlists



Camosun College Marketing instructor Glen Allen.

ADAM BOYLE

Know Your Profs is an ongoing series of profiles on the instructors at Camosun College. Every issue we ask a different instructor at Camosun the same 10 questions in an attempt to get to know them a little better. Do you have an instructor that you want to see interviewed in the paper? Maybe you want to know more about one of your teachers, but you're too busy, or shy, to ask? Email editor@nexusnewspaper.com and we'll add your instructor to our list of teachers to talk to.

This issue we talked to Camosun Marketing instructor Glen Allen about his love of Japanese food, his impact on his students, and that one time a dog literally ate his students' homework.

1: What do you teach and how long have you been at Camosun?

Until Saturday, February 24

Lock up the heart!

Phoenix Theatre is performing its

newest play, Crimes of the Heart.

this month. The play focuses on

sisters reconnect after one has

are between \$15 and \$26; more

Remembering the

nixtheatres.ca.

massacre

information can be found at phoe-

UNTIL SATURDAY, MARCH 3

Theatre Inconnu is performing their

next show, Neva, this month. Neva

takes place during Bloody Sunday,

were massacred by government

the day in which protesting workers

forces when they were on their way

to give the Russian Czar a message.

tion is available at theatreinconnu.

Discovering the past

SS Princess Sophia: The Unknown

Story of the Largest Marine Disaster

along the Pacific Northwest Coast is

coming to the Maritime Museum of

British Columbia. This exhibit tells

the story of SS Princess Sophia,

Tickets are \$10 to \$14: more informa-

Until Sunday, March 25

sisterhood and what happens when

committed a violent crime. Tickets

3: What's one thing you wish your students knew about you? I am a huge supporter of inter-

national student mobility. In my life, I've had the good fortune to study, work, and travel across much of the globe. I empathize with students who have come to Canada for the first time and who struggle with cultural, linguistic, culinary, and other challenges on top of their academic studies; at the same time, I encourage our domestic students to get out and see the world as soon as they are able.

4: What's one thing you wish they didn't know about you?

On more than one occasion I've marked assignments from the beach at Beacon Hill Park.

5: What's the best thing that's happened to you as a teacher here?

I love hearing from former students who drop by a year or two after their course is done to tell me that they never realized how useful the course content was until they had the opportunity to use it in the workplace.

6: What's the worst thing that's happened to you as a teacher here?

I had my marketing class submit an assignment that involved samples of food packaging. I was dog-sitting for a friend at the time and left the box of assignments on the floor when I went to work the next morning. The following day

"What I like most about teaching is the opportunity to channel some of the teachers and professors who made lasting impressions on my educational experience—and life—and to do my best to impact my own students in a similar way."

> **GLEN ALLEN** CAMOSUN COLLEGE

I had to break the news to some of my students that while their assignments had been received, the dog

7: What do you see in the future of post-secondary education?

had literally eaten their homework.

To echo the words of [Camosun English instructor] Kelly Pitman a few years back, I'm concerned that the focus by some on post-secondary education as a tool for meaningful employment—job training—is overshadowing the idea of education as a tool for teaching people how to be critical thinkers, problem solvers, and responsible global citizens. If the focus were more firmly placed on the latter, I think society may be better equipped to deal with solving systemic challenges such as poverty, racism, and underemployment.

8: What do you do to relax on the weekends?

Besides spending quality time with my family, I am a competitive

curler. Our team competes on the World Curling Tour and started this season ranked number four in BC and number 79 in the world. Competitive sport may not always be relaxing, but I find it therapeutic in that it gives me an opportunity to tune out whatever other stresses may be going on in the background.

9: What is your favourite meal? Just about anything Japanese. I lived for two years in Hokkaido and am a big sucker for ramen, okonomiyaki, katsudon, jingisukan, shabu shabu...

10: What's your biggest pet

Students who don't respect an instructor's need to sort out waitlists during the first week of classes. If you don't plan to be in a course, please withdraw ASAP—preferably before the course starts—in order to help out those students who really need to get in.

eyed on campus

Bringing the emotions to Victoria

Vancouver hip-hop artist SonReal will be performing at the Capital Ballroom on February 17. SonReal puts emotion into his songs and says that all he wants to do with his music is make people feel something, whether it's good or bad. Tickets are between \$20 and \$105; see atomiqueproductions.com for more info.

SUNDAY, FEBRUARY 11 Supersizing classical

The Victoria Choral Society is heading to the Farguhar Auditorium this month to present its newest show, Beethoven's Missa Solemnis. The performance will include over 120 singers, as well as an orchestra. Tickets are between \$10 and \$35; see auditorium.uvic.ca for more info on this and other events.

Sunday, February 11

Revolution inception

Daniel Mato will be hosting a lecture at the Art Gallery of Greater Victoria on February 11. Mato will be talking about early Russian modern art, as well as artwork that was hidden for generations but is now just starting to emerge. Tickets are between \$30 and \$35; visit aggv.ca/events for

FRIDAY, FEBRUARY 16

Shocked by love Canadian musician Serena Ryder

is coming to Capital Ballroom this month. Ryder is fresh off of releasing her new EP, *Electric Love*. Tickets are \$45; more info on this and other events is available at atomiqueproductions.com.

SATURDAY, FEBRUARY 17

Camosun student Donna Chow's Untitled, part of the Headspace exhibit, which displayed Visual Arts students' work in January and February.

and it's a sad one—the ship was on the way back to Victoria when it ran aground on Vanderbilt Reef and

claimed the lives of nearly 350 pas-

sengers. Tickets are \$5 to \$10; visit

mmbc.bc.ca/events for more info.

I started as a term instructor in

the school of Business in 2007, then

moved to Camosun International,

where I managed all of the college's

short-term international programs

from 2009 to 2012. I returned to

Business as a full-time instructor six

years ago and have taught courses

across three different departments:

Marketing, Management, and Ap-

2: What do you personally get

I've been immersed in the edu-

cation sector my entire career, with

significant stints as teacher, admin-

istrator, and even entrepreneur.

What I like most about teaching is

the opportunity to channel some

of the teachers and professors who

made lasting impressions on my

educational experience—and life—

and to do my best to impact my own

what's going on

students in a similar way.

plied Business Technology.

out of teaching?

WEDNESDAY, FEBRUARY 7 TO SUNDAY, FEBRUARY 10

Big, big show in Victoria Delusional Productions will be

performing The Great Big Show at the McPherson Theatre. The theatre troupe—consisting of adult artists with developmental disabilities—is accompanied by a seven-piece rock band. Tickets are \$49.75; see greatbigshow.ca for info.

AND SATURDAY, FEBRUARY 10 Cheesecakes return

The Cheesecake Burlesque Revue is back, this time with Divine Valentine!, a show featuring the Victoria

debut of burlesque dancer Judith Stein. The fun goes down at 7:30 pm both nights at the Roxy Theatre; tickets are \$24 in advance or \$28 at the door, and more info (including details on signing up for workshops with Stein) is available at cheesecakeburlesque.com.

SATURDAY, FEBRUARY 10 Getting your romance on

Night Shift: Wild Romance is coming

Until Sunday, March 11

back to the Royal BC Museum to help sate your February party needs and get you ready for Valentine's Day. The evening will consist of live music, adult-only crafts, food, and drinks for all those in attendance. Tickets are \$40; museum members get a 10-percent discount. For more info, see atomique productions.com.

A prescription for victory How one student just eliminated the age cap for Camosun students' dental and medical plan



he Camosun College Student Society (CCSS) advocates for Camosun students, negotiating with the government and the college. But who advocates for students who are in a dispute with the CCSS? Joseph Finkleman found himself asking that question late last year when he received an email from the CCSS informing him that on December 17, 2017 his student benefit plan would be terminated because he would be over the age of 70. He went to the college ombudsman, whose hands were tied because the benefits are outside of the college's jurisdiction. Finkleman felt that he had been discriminated against, and he was left to his own devices to fight this battle.

During the course of researching for, interviewing for, and writing this story, Finkleman's concerns caused the CCSS to drop the clause in its medical and dental plan that states that students over 70 are not covered. Here's how it happened.

A CREATIVE PATH TO CAMOSUN

oseph Finkleman is currently in his second semester in the Comics and Graphic Novels program here at Camosun. Finkleman arrived at Camosun by a very different path than the one walked by most of his contem-J poraries. He's from San Francisco, and originally from Hollywood. He earned a bachelor of Fine Arts and a master's of Fine Arts from San Francisco Art Institute, and he minored in journalism. Finkleman says his passion for art and literature has ignited his drive to create and has brought his imagination to life, and here he is still learning

Professionally, Finkleman has dabbled in just about every aspect of the visual arts. He was a high-school teacher and taught children's programs on animation and photography at various schools. He's also had a 20-year career as a commercial photographer, as well as a stint owning an ad agency for about five years.

Finkleman has had his photography and painting shown at over 100 exhibits in museums and galleries, and he has always written on the side. At an art show of his in 2015, it was suggested to him that he try combining pictures and words. So he did, and he liked it a lot right from the start. That started him on a path toward graphic novels.

"The odd thing is that I've never read a graphic novel," says Finkleman when I first sit down with him on Tuesday, January 16, "still, to this day. Amongst my colleagues, that is about as close to heresy as one can possibly get."

Once the writing bug got him, there was no looking back. Finkleman says he started by looking around for courses in North America, at first in the United States.

"All of the instructors were qualified," says Finkleman, "but not necessarily in the industry."

He wanted to find the right fit, so Finkleman expanded his search to include other options abroad.

"I came across [Camosun instructor] Ken Steacy," says Finkleman, "who is a real big deal, and he also happens to be a very fine instructor, which is usually not the case. I came up here to interview him last February, to see if we were going to be a good fit. I was very impressed with him personally, and I was very impressed with his work. It was a simple decision to come up to Victoria."

"I took to Joseph right away," says Steacy, "much due to the fact that he had done his due diligence. He had looked at schools all over the place, he had extensive experience in the arts and communications and advertising, but he had decided that he wants to be a visual storyteller, to put words and pictures together. He works so hard at doing that. He goes so far above and beyond what's required. He will redo things that he isn't satisfied with or if he doesn't think he's satisfying course requirements."

According to Steacy, being a freelance artist is one of the most difficult careers out there. Students in the Comics and Graphic Novels program "are making a huge investment of time and treasure," Steacy says. As a teacher, he found it very interesting to have someone who brings as much experience as Finkleman does to his classroom. Steacy was amazed by Finkleman's desire to learn.

"We see that in most of our students, but it is rare to see such eagerness combined with his experience," he says. "Joseph has an extremely sanguine disposition. He gets on famously with the other students. They look to him as a explain why I can be singled out because I'm over 70. I resent that. For me, there's an impact, but it's not a fatal impact. grandfather figure. I make it abundantly clear that this is an environment of mutual respect. Everyone has something to offer. We are all storytellers, and here at the college we aren't necessarily looking for people who want to be great writers. I am looking for people who are passionate about something, because when we are passionate, the words just a problem."

"As soon as the student society says, 'I'm really sorry, you've just turned 70, and you're no longer eligible for our benefits; everyone else is eligible, but you are not because you're over age,' things have to change."

JOSEPH FINKLEMAN

who is here on a student visa. "I love Victoria, and I would live here if they would let me. People are wonderful; the school is great. It's well run, but there are a few problems that most people would never notice—one of which is that there is a dearth of handicap parking spaces—and the other weird thing is that part of our student fees allow us to have a supplementary medical program."

insurance agency Great-West Life Assurance Company. The benefits plan, which is very similar to most plans for post-secondary schools across the country, states that students are no longer eligible at age 70. Finkleman turned 70

"I got an email [from the CCSS] that said, 'You'd better come in and talk,'" says Finkleman. "I went down and they were very kind, and perplexed as to what to do. They're stuck with the results of the contract. They refunded half of my fees. Nevertheless, once I turn 70, I no longer have benefits. I have not really experienced a great deal of discrimination in my life, so it's quite a shock at this point in my life to be discriminated against strictly on age. There is a lot of PR about how everyone is to be treated equally, which I think is a great idea. Apparently, not exactly equally."

Finkleman understands that if the insurance agency had a lot of people utilizing the benefits, premiums would have to go up, because the agency has to make a profit. He's part of a very small demographic—only two Camosun students currently meeting the course requirements have been excluded due to age—and Finkleman says the economic impact of including people over 70 should not be high. Finkleman doesn't see any unfairness in writing a clause into the contract that states that the insurance agency can raise premiums if the cost of benefits starts getting higher.

As soon as the student society says, 'I'm really sorry, you've just turned 70, and you're no longer eligible for our benefits; everyone else is eligible, but you are not because you're over age,' things have to change."

PRESCRIPTION PRACTICALITIES

inkleman says he had not even thought of the possibility of an age cap when he was contemplating possible schools, but it would not have affected his choice.

"Ken Steacy is who I wanted to study with," he says.

Finkleman, who is required by immigration to be a full-time student, is covered by the provincial Medical Services Plan. He still has his medical coverage in the USA, but Finkleman says it's very awkward to get prescriptions across the border. He can only bring back 30 days' worth, so he brings an empty pill bottle, and they count them on the way back at customs. When he was faced with losing his student medical coverage, Finkleman and Susan were prepared for one of them to have to go over to Port Angeles to get his prescriptions every 30 days; otherwise, he would have to pay full price for his prescriptions here.

"I pay more for medical care than I did before." says Finkleman, "by a lot, actually. Prescriptions are expensive. On my medical plan in the states, prescriptions are \$5, regardless of what they cost. It's just a paperwork expense.

"Joseph has an extremely sanguine disposition. He gets on famously with the other students. They look to him as a grandfather figure."

KEN STEACY CAMOSUN COLLEGE

Here, I'm paying the full rate, and it's eye-watering: \$400 to \$500 for myself, and about the same for my wife. That's every 90 days; that is a significant amount

Getting his medication without his student insurance would have been an ordeal for Finkleman. He would take the ferry over to Port Angeles; in the winter, the number of sailings on the ferry get reduced, so it isn't possible to get back

to Victoria in the same day; Finkleman would have had to stay in a motel overnight, which would have caused him to

"I can only get three continuous months at a time [on a prescription] before I have to see the doctor again," he says. "That's exactly how it is here, but the difference is I have to fly to Woodland, which is near San Francisco, to see my doctor. That's a couple of days, just by the nature of airline schedules, and then going through customs both ways is always an adventure. I'm going to be here for several years while my wife is in school at UVic. There is nothing

Finkleman stresses that despite all this, he's fighting the student society's insurance plan's policy not because of the cost, but because he feels it's discriminatory.

"The issue is, how can they discriminate against age? I don't get that," he says. "I would love to have someone But there will be someone somewhere who will utilize the services of the school, or any school for that matter, and it will become an issue, and it will be expensive. It can be solved today, before it's a problem, or you can wait until it's

come—especially with people like Joseph,

Finkleman and his wife Susan, who is

"It's a wonderful place," says Finkleman,

last September. Finkleman says that Victoria seemed to be the perfect place to continue

taking Religious Studies at UVic, packed up and left San Francisco to begin a new chapter here in Victoria. The couple, along with their five cats, found an apartment in

who have the desire to share their life ex-

perience. He has been a joy to work with."

Oak Bay and settled in in time to start school

Camosun College collects student fees with tuition and remits them to the CCSS, which has a contract with

"There can't be a lot of 70-year-old students, but it doesn't really matter," says Finkleman. "If you have even one...

initial plan. I caught up with Turcotte on Thursday, January 18 to discuss Finkleman's concerns. "Similar language was written into every student plan in the country," says Turcotte. "The first plan was just sort

of accepted. That was in the early days for student plans in British Columbia. Those plans were based on employer plans and modified for the student market. All employer plans had retirement-age language built in to keep their costs down. At that time, there was a mandatory retirement age in British Columbia and most other provinces. Since 1999, mandatory retirement has been eliminated in most jurisdictions, and a lot of employers have modified their plans to

he first health and dental benefit plan for Camosun students was negotiated in 1999; current CCSS executive

director Michel Turcotte was present for the negotiations. He says that the age cap of 70 was built into the

Historically, Camosun hasn't had a huge issue with the benefits age cap. Turcotte says the college has in recent years been getting a few more mature students who have been advocating in relation to this. Turcotte says that in previous years, the student society made some exceptions; he says some students were reimbursed for their costs, which was essentially the same as providing benefits.

"We don't just cut them off," says CCSS Lansdowne health plan administrator Christine Desrochers. "We notify them and let them know that this is the way the plan is designed—at this age we can no longer offer these benefits. I go above and beyond to make sure they know and understand in advance. I go through the list every year to find if there is anyone who will be facing this, and if we do discover anybody, unfortunately, I have to let them know that at

However, when I met with Turcotte on January 18, some steps had been taken to change this policy.

"In light of Joseph's story," says Turcotte, "I reached out to our broker to inquire about the matter. We try to treat all students equitably. Whether you are on a student loan or not, or if you're an international student, it doesn't matter. As long as you're a member, you should expect equal treatment." ("At least they're looking at it," says Finkleman when I reach him to update him on Tuesday, January 23. "I think that's a cool thing.")

There is an annual renewal process with the insurers and the broker, which, according to Turcotte, is usually completed by June. He says it would likely be quite feasible to lift that ceiling in terms of the health and dental plan, but it may not be possible to provide equitable coverage in all four areas for students—health, dental, accidental death or dismemberment, and travel insurance—above an age ceiling.

"There are a few established networks for health and dental plan providers in the country," says Turcotte, "and [broker] Gallivan [and Associates, which the CCSS uses] is one of the larger ones. They have one school in their network that has actually lifted the age cap—Ryerson Polytechnic in Toronto doesn't have the age limit. Now we

have the opportunity to look into the plan, and the freedom to change that, at least in terms of the health and dental plan." (Ryerson did not

During this intitial interview, Turcotte told me that the CCSS had formally requested that Gallivan seek a quote from Great-West Life Assurance in relation to lifting the cap on the health and dental plan.

"I look forward to considering a quote that includes members of all ages in our health and dental insurance plan," says Turcotte. "Perhaps others like us will examine the issue and try to modify it in some way."

"Similar language was written into every respond to multiple requests for comment for student plan in the country. The first plan was just sort of accepted."

Story and photo by Fred Cameron, features writer
Illustration by Sebastien Sunstrum, cover illustrator

CHANGES AFOOT

MICHEL TURCOTTE CAMOSUN COLLEGE STUDENT SOCIETY

Finkleman says that the basic problem with all this is the age discrimination; he says that maybe the way around it is not to change policy but for the CCSS to ensure that it's always willing to help out students one way or another.

"They may find that, on the rare occasions that it actually happens, that it's cheaper to pay it out of their reserve fund," says Finkleman. "They might just conclude that there is no viable way to go forward and people over age will continue to be discriminated against, and that's just the way it is."

n Monday, January 29, after this story had been written and was being edited, Turcotte told *Nexus* that the CCSS was officially changing its insurance policy so that students over 70 would be able to get medical and dental coverage. (At press time, he couldn't confirm when the new policy would be official, but he said that he had requested that the change take effect for February 1, 2018 and that it be backdated if it takes longer than that for the paperwork to go through.)

"Now we can add 'activist' to his resume," says Steacy after hearing about the age cap being lifted. "Go, Joseph!" I caught up with Finkleman on Wednesday, January 31 to tell him the age cap had been lifted. We walked to his car across campus together as we discussed the policy change. Finkleman's smile cut through the rain as he chuckled, saying, "It was the right decision that they made."

"I'm really glad that the glitch has been cleaned up," he told me. "[The age cap] wasn't life threatening, but it was an irritant that shouldn't have been. How often does that happen in life? We see it in the news all the time that the people in power say, 'This is a problem. I think we will address it next year.' I'm really very heartened by the fact that we just took care of it. That is quite an achievement, in my experience."

Finkleman says he's pleased to see that the CCSS is representing its students.

"It's generally very difficult to have a structured organization respond in a human manner," he says. "It isn't typical." We arrived at his car and exchanged a smile and handshake. As we parted ways, Finkleman said, "What a wonderful experience this has been."

music

Victoria's Carmanah learn to speak in rhythms with debut album



Local folk/soul band Carmanah recently released their first album, Speak in Rhythms.

Victoria folk/soul band Carmanah are fresh off of releasing their debut album *Speak in* and really spent a lot of time with all *Rhythms*; lead singer Laura Mitic the details of the songs and really says that the album is a showcase of their evolution as a band. She lot of passion into this album and also says that the album explores how the world works.

"We've matured quite a bit with this album, both in songwriting and in production," she says. "We've

grant and just put our heads down pulling them together. We put a I think that comes through. We also wanted to discuss some bigger topics and challenge kind of how the world is right now."

In support of Speak in Rhythms, worked with a really amazing team the band is going on tour across I don't know if that really counts,

ADAM BOYLE of producers who are based out of Canada. Mitic says that although New York. We brought them out this is their debut album, they've here with the help of a Creative BC done nationwide tours before. (Carmanah will be playing here in town on Friday, March 9 at Capital

> "We did a tour cross-Canada back in 2015, but it was organized by me so it was pretty do-it-yourself. We played for some bigger crowds but also some small crowds too. We played for, I think, six people in Moncton, New Brunswick, so

"The scene here in Victoria is very supportive. Even thought it's small, it's a very good place to come from." **LAURA MITIC**

but we had a really good time and we really learned a lot about playing music. This upcoming tour is, I guess, different in the sense that we are working with a booking agent and we have a manager with us full-time too, so I think our music will be shared in a different way than before."

Carmanah formed six years ago and have been through some different lineups; Mitic says that she's the most excited about their current lineup.

"The band has taken on many different faces," she says. "We've had quite a few different musicians in our lineup. I would say that we're about a group of friends coming together from different walks of life. The musicianship has also taken a big leap forward, especially with

Mitic says that although they're a relatively newer and smaller band. the music scene here in Victoria has kept them going throughout the years. She says it may not be a huge scene, but it's a good one.

"There's a lot of reasons why bands move to places like Toronto or Montreal, just to be in the centre of a bigger music scene. I'm sure that there has been maybe some ways that that has slowed us down from growing in that sense, but the scene here in Victoria is very supportive. Even thought it's small, it's a very good place to come from," says Mitic. "Our manager, too, having people like him on board, he's got some good connections with people in bigger cities, and that will help us reach places we haven't before, as well as grow in those aspects of

Contemporary artist provokes to rethink feminism's potential

CONTRIBUTING WRITER

Three holograms stand at the end of Deluge Contemporary Art Gallery in Victoria. If you stand at the right angle in front of them, you can catch a wrinkled handkerchief on each. Are they real? What do

Contemporary art puzzles us. nature. It's also not about easy contemplation—on the contrary, there are many discomforting questions.

"It's a domain that has no rules or no particular agenda," says Christine D'Onofrio, whose work is currently exhibited in Real Tears at Deluge. "We don't have to sell anything; it's sort of this space that you can just make conversations or provoke a new way of thinking."

D'Onofrio received her bachelor's of Fine Arts from York University and master's of fine arts from the University of British Columbia. Her friendships with other art stuagain." dents and her interactions with the art community were influential on how she approaches the craft. In her process, the sense of community and the relationships that were more particular to feminist art practice play a key role.

"How do you make a new world

when there is not an example of how to make that?" says D'Onofrio. "I make work more interested in the complications of new thinking; I'm using the detail of feminism because that's something I know." D'Onofrio's priorities as a con-

temporary artist lie in creating artwork that makes people question what they know and where It's not about proportion, com- that knowledge comes from. As an position, or accuracy of imitating artist interested in activism, she says making people feel some sort of commotion from a situation they are encountering works better than just telling them to recheck their assumptions. She believes art can do that, and she tackles these concepts in her art while juggling a job as an art teacher at UBC.

> "When your job entails that you go into all these other mindsets, it's tough to ignore them all when you are trying to create your own work," she says. "It's a big challenge. The space of the summer is when I can start to find my own headspace

> When D'Onofrio is in that headspace, research dominates her art process. Research is not always a solitary activity, though. There are other artists to converse with and artwork to see and think—and talk—about.



Christine D'Onofrio examines social issues through her art.

I want to make a piece, so I use that Tears] because I didn't really know negotiation to create the work; there are different levels I want to play with it," she says. "Other times, it's a lot of trial and error, trying different ways of attacking the subject, or even different materials and media."

And yet, at the end of all this, if a work of art is not resolved in the way she wants it to be, she doesn't hurry it. She differentiates her practice from a production model, and evidence of this can be seen in Real

"I wanted to play with this idea of something not being real," she says. "It was only [when] I uncovered the ways I can execute and render that that the piece started to make sense. But it took me a very "Sometimes it's quite clear why long time to make that piece [in *Real*

how I was going to put it together."

Real Tears is D'Onofrio's response to feminism's failures and potentials. The rendered handkerchiefs shown in the exhibit belong to her, her mother, and grandmother, who cried in them.

"I feel that my grandmother and mother had hoped for an idea of feminism to bring a newfound freedom to the next generation," she says. "But it's a difficult road there are a lot of failures, there are a lot of new issues, as well as a prevalence of old issues."

> Real Tears Until Saturday, February 24 Deluge Art Gallery deluge.ws





Edmonton rapper Cadence Weapon—also known as Roland Pemberton—has returned with his fourth album. It's his first in six years, but Cadence Weapon hasn't lost touch with his roots or his ability to weave quality rhymes over unique beats.

Over 11 tracks, Cadence Weapon makes use of observation and self-awareness to write stories about modern living. The sentimental "Five Roses" and danceable "High Rise" tackle life in the big city through different lenses. Opening tracks "Own This" and "Destination" explore a theme of knowing where you've been and where you're at and building your own future. Pemberton successfully uses electronic beats to give these stories texture and motion.

Drake may be the toast of Canadian hip-hop, but I find Cadence Weapon far more interesting. If we have to wait years for him to put out another album, I get the feeling it'll be worth the wait. This was.

-PATRICK NEWMAN



SICTORIA FILM FESTIVAL

February 2 - 11 | 2018 | www.victoriafilmfestival.com EXPAND YOUR HORIZON | 100+ FILMS | 9 PROGRAMS

As his girlfriend was turning blue, Michael realized...

he should have mentioned that seafood is in bouillabaisse

FRENCH PROGRAM

he shouldn't have hidden the ring in the plum pudding

> UK PROGRAM

tattoos are a personal preference

> CANADIAN **PROGRAM**



Ask the Sexpert

India Program

In a country of 1.2 billion, it might seem surprising that any mention of sex education is forbidden (except for recommending abstinence) as if not talking about the subject will mean that people won't indulge in it. Ignorance is prevalent, the population has exploded and to address that, Dr. Watsa gives advice without judgment combined with a healthy dose of humour, answering questions people are afraid to talk about: masturbation, fetishes, bananas and other topics from the ordinary to the bizarre.



Darkland Thrill Chill

Crime, justice and family ties tear apart the veil of society in this stylish vigilante box office hit from Denmark! Zaid Stine is a successful heart sugeon in Copenhagen during the decades since he first emigrated from Iraq as a youth. But no matter how high he climbs, he is still tied to his brother Yasin, who never rose above drugs and criminal roots. When a local boss makes Yasin pay the ultimate price, Zaid must decide how far down the rabbit hole he will go for revenge.



Black Cop

Canadian Program

Cory Bowles' formidable first feature has already added to the conversation regarding the abuse of police power and, in this particular story, how that power relates to race. An off-duty black police officer is pushed over the edge after experiencing a traumatic incident at the hands of the boys in blue. Cory Bowles - Canadian actor, director and choreographer, best

known for his portrayal of "Cory" in the series Trailer Park Boys. is expected to attend the VFF 2018.





World Program

Photon

A must-see film – a cliché perhaps, but in this case since Photon is about the summation of human knowledge, life and evolution, it just might not be. Director/writer Norman Leto asks and attempts to answer many of life's big guestions, this film is nothing short of breathtaking in its ambition as it attempts the seemingly impossible in explaining the roots of matter and a breakdown of quantum physics in an understandable, awe inspiring way. There are big ideas here, but don't be intimidated.















accessible + epic + ambitious















by Cindy Peckham

Vancouver indie electronic band Humans play to connect

STUDENT EDITOR

Life flies by in the fast lane for Vancouver musician Peter Ricq. When not performing with Robbie Slade as indie electronic duo Humans, he keeps active creating animated media (his past work included the television show *League* darkness." of Super Evil). Things are busy, he says, and it seems to be true: Humans recently finished up a North that comes through in Humans' American tour in support of their

new EP, Feels. "This one is 100-percent new stuff," says Ricq about the material they played on the tour, adding that most of the time they play 20 percent new material live. "The response has been pretty positive. People go crazy dancing.

incredibly happy with their new material, and their fans are too,

Man, I need to drink

I've been drinking

three of these of

judging from the responses they've

"It's more clubby," says Ricq about the new material, "and it's darker, I think. I feel like everyone always says, 'Oh, this is a bit darker from what you've done before.' I feel like we've always had this touch of

Ricq says he and Slade listen to lots of different kinds of music, and

"What I like about our music is that we find we can mix a lot of the genres together in electronic music, maybe more so than other types of music. It's going to be more liberating; it's just a little more their next release, says Ricq, which experimental and fun that way."

Taking those sounds and putting Ricq says that he and Slade are them together in a live setting means a lot to Ricq, who loves connecting

Pretty sure I saw you

pour a tequilla sunrise

into there this morning

"Some people say, 'I met my girlfriend at your show,' or, 'I met my husband at your show,' and I'd like to keep that going, you know? People have an experience

Humans like to engage with the audience at their shows, and they even take that so far as to sometimes go into the crowd while they're performing, says Ricq.

"That was my motto since day one," he says, regarding interacting with the crowd. "Robbie is really good at that. I'm always looking down at the gear and trying to make

The band are also working on will most likely be out in the spring. He says it'll be an extension of the sounds that are on *Feels*; for now, he's looking forward to coming to Victoria



Peter Ricq and Robbie Slade perform as the electronic duo Humans.

"We're looking forward to the next show and getting ready for the album," he says. "There's a lot on the plate that we're doing. I'm

Humans Friday, February 9 \$15, Capital Ballroom sugarnightclub.ca

Yeah, they help me forget about how bad] feel about not drinking enough water

contest

Find the hidden Nexus and win

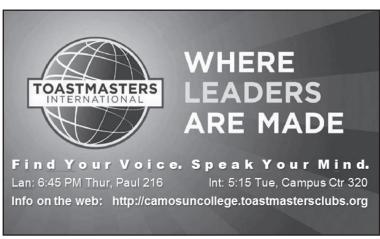


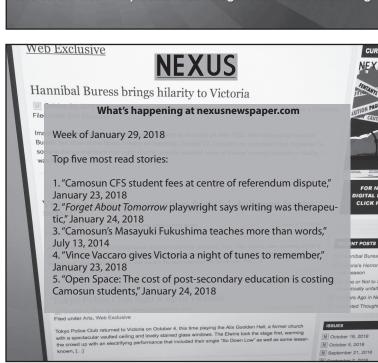
Let's see if you can find this copy of the last issue of *Nexus*, which we hid somewhere at Camosun College's Lansdowne campus.

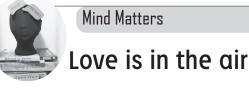
The first person to find this copy of the paper and bring it in to our office wins themselves a free prize!

Last time, the issue was tucked behind some recycling bins on the first floor of Paul.

Who will find this hidden Nexus? Bring it to us once you find it; we've got gift cards, shirts, and more for the winner to choose from!







Ah, l'amour. Nothing brings to mind thoughts of love more than Valentine's Day. Many people will be increasing their self-love in anticipation of spending the day with that special someone, or just giving themselves an extra pampering because they are single. Whether you find yourself single or attached, or express your love in a more general sense to friends and family, it's a

But did you know the joys of gift giving, performing acts of kindness, and expressing gratitude have positive mental-health benefits for you, too?

great day to tell someone how you

Multiple studies have shown that the act of giving can actually lower a person's blood pressure and stress levels. It may also cause people to live longer, suffer from less depression, and have better self-esteem.

Additionally, giving to others, especially if the giving is done through volunteerism, can increase

Multiple studies have shown that the act of giving can actually lower a person's blood pressure and stress levels.

a person's sense of connection to other people and, possibly, to their community. Lastly, doing things for others can also help shift or even improve the perspective people hold about their own lives and problems, helping them to see things in a more

As for gratitude, the benefits are seemingly endless. But perhaps some of the most profound are that people seem to get sick less often and have increased energy. They get more done and feel more relaxed. They even increase their resilience ("resilience" is just a fancy word for how quickly you recover from life's stressors).

Finally, and probably most importantly—especially for people facing mental-health challenges—is

that being grateful forces a person to look at their life from a positive perspective. It's simply not possible for thoughts of gratitude to occupy and hold the same space as negative thoughts about the same things. One must make way for the other. And in this case, as with giving, when gratitude replaces negative thoughts it has the power to change

get started is to keep a daily gratitude journal and record five things you are grateful for every day. You don't even have to share them. Don't be fooled by its simplicity, though—the benefits can be felt immediately and are long lasting.

the beliefs we hold about our lives,

ourselves, and others. It can change The easiest and fastest way to

by Adam Boyle

The Bi-weekly Gamer Cloud 9 makes history after double overtime win

While I've never really followed competitive Counter Strike: Global Offensive (CS:GO) as much as I have other games, I've watched the odd tournament or match. But that might change now. Just recently, one of the largest tournaments in CS:GO history took place at the ELEAGUE Boston Major. Cloud 9, one of the esports industry's top brands, had been struggling a lot leading up to the tournament. After replacing their starting lineup constantly, the team finally settled

on the lineup you can see today. After going down 0-2 in the group stage, fans of the blue and white team were losing hope fast. But Cloud 9 turned it around in front of their home crowd and took it all the way to the finals in a gruelling run, taking down the top four teams

Clan, pulled in a peak viewership *CS:GO* major before. Cloud 9's per- be keeping a close eye on the game.

take will help us get that job.

noticed this first-hand. I chose to do

Unpacking the Bags

want to ensure that the course we continue learning.

that the players were making was one of the most thrilling experiences I've had watching esports.

Seeing some of the reaction times and plays

of 1.1 million viewers on streaming platform Twitch alone. I've always understood CS:GO and I've even tried to play competitively a few times, but seeing some of the reaction times and plays that the players were making was one of the most thrilling experiences I've had watching esports.

In a back-and-forth match, Cloud 9 came out on top by a thread by winning in the second overtime round, after being on match point for nearly five rounds. This win is more than just another win, though: The final match, against FaZe North America had never won a

Many of us international stu- one and I haven't really practiced be seen as something good—it's

When something like this hap-

The new discovery also brought

dents, who chose to invest in edu- my math skills until now; therefore, that feeling that precedes a new

Don't be afraid of new opportunities

cation in another country, already a career involving accounting was challenge.

have a career we want to pursue. The never on the table for me. However,

cost of studying abroad is very high, the new approach that the course

so it's not something we choose to gave me attracted my attention,

do without having a fairly fixed idea and I realized that some aspects of

of the type of job we want, and we the subject even made me want to

However, our fixed ideas can pens to you, do not let it pass. I'm

often change when we begin to not saying that it's now my dream

interact with a whole new culture. to be an accountant (maybe some-

The culture interferes with our way day), but I've taken the opportunity

of thinking, and there are different to gain new skills that might open

a post-degree diploma in Marketing; me fears: was the career that I chose

among the basic disciplines was and that led me out of my country

accounting. My relationship with not the right one for me? On the

numbers has always been a rocky other hand, this nervousness can

experiences in our home country. I of dealing with numbers.

formance throughout their playoff run was that of top-tier European teams, which have historically dominated the scene. They showed adaptation and growth beyond what their region normally produces; it paid off, and they walked home with the trophy.

of all was the fact that all of the previous attempts to compete in a major resulted in Cloud 9 leaving in the group stages. The team have shown to the world that they are to be feared; if this is how the future of *CS:GO* is looking, I'll definitely

It's important that we never lose

learn new things.

But the most surprising feat

by Renata Silva

Whether graduation is on the horizon or you are just starting your journey here at Camosun, this is a powerful quote to live by.

Now is the time to write and get the will to follow new paths and published.

Our choice of living abroad and the high financial investment bring many expectations, including a career improvement in the field we have chosen. When different paths appear and cause us to deviate from the initial goal, those expectations became a greater weight to carry, and it's a greater weight than it

ways of interacting compared to our new doors. It also removed my fear should be. My tip is this: live in the moment. Seize every opportunity that presents itself in life. You may be learning new ways and skills that could make a difference in the industry faces. The links to your them.



Calculated Thought

by Sean Annable

in revenue last year, yet is valued

higher than Air Canada, which

posted 350 times that amount in

sales. Investors are hoping to ride

the way up and profit, betting on the

idea that once legalization happens

and the market starts cooking, these

companies will be worth much

more. Analysts are worried that the

market values of these companies

are already overpriced based on the

A tale of three bubbles

Whether it was the tulip mania of the 1600s or the dot-com bubble in the '90s, bubbles form when investor interest turns to hysteria and people start buying things not because they are useful but simply because they believe the price will rise high and fast.

Recently, three particularly bubbly markets have been making headlines: Canadian real estate, weed stocks, and cryptocurrencies.

In Canadian real estate, Vancouver and Toronto were the markets that had analysts scratching their heads. In Vancouver, it took 24 years—from 1981 to 2005—for the average price of a detached house to go from \$180,000 to \$600,000. In 2016, it took five months for that same \$420,000 growth in price, when the average went from around \$1.4 to \$1.8 million. Low interest rates helped people get into the real-estate market, as carrying a mortgage became cheaper. The proverbial "bank of mom and dad" helped offspring make a bigger down payment and avoid mortgage insurance. Everyone wanted in as prices soared, hoping they could make big money, and speculation ran rampant. Now, with taxes on foreign real-estate purchases in Vancouver, new stress tests introduced by banking regulators, and rising interest rates, many say this bubble hasn't exactly popped but is deflating.

As Canada primes for legal, recreational cannabis, weed companies listed on stock exchanges have seen big price movement. Canopy—one of the largest Canadian cannabis companies—had only \$40 million

demand for cannabis as the market As for cryptocurrencies, such as Bitcoin and Ether, we're in a completely different universe. Well over 1,000 cryptocurrencies now exist, and they have a combined market capitalization of over \$570 billion Some coins saw gains as high as 10,000 percent this year. If you've read this column, you'll know I'm a fan of the driving force behind crypto—blockchain technology but I worry that this market is a bloated blimp ready to explode Bitcoin has proven too slow and expensive to be used as a currency in its current state, and other projects that plan to use blockchain tech in other ways are still in their infancy.

Some may end up being useful

tokens to transact in new ways, but

the majority could very well end up

useless. As shown by the dot-com

bubble in the '90s, not every com-

pany will end up like Google.

Former US Federal Reserve chairman Alan Greenspan put it well when he said, "Fear and euphoria are dominant forces, and fear is many multiples the size of euphoria. Bubbles go up very slowly as euphoria builds. Then fear hits, and it comes down very sharply."

Write to Rise by Lynn Wohlgemutl Why write? Why now?

Write to Rise is a new column that aims to inspire students to

An overused but extraordinary leadership quote that I've learned to live by is Stephen Covey's "Begin with the end in mind." This quote can be applied to everything you do, especially writing for career advancement.

Think about it—you and all the other graduates from your program will be released to the world and it will be a slugfest for the few positions posted at that time. Alas your resume is the one that stands out because you have proven to be a voice or expert in your field through getting published. A potential employer notices that you have gone above and beyond. You're engaged and you care about adding your conversation, even while studying. keep abreast of current issues the

Here come all of the excuses—"But I'm not a writer." "I would be an imposter." "I'm no expert." "I'm just a student; I have terrible grammar and my punctuation isn't perfect." Take a deep breath—I'm here to tell you to let that all go.

That's what an editor is for. Believe

in yourself. There is help out there

and your voice matters. Make the

commitment to write and the "how"

publications can easily be added

to your resume, and they'll speak

will come after. Your first step is to start by collecting magazines and journals and follow industry news articles online. Secondly, find out what a publication's submission requirements are. If it's a magazine or newspaper, contact information is often listed in the masthead, within the first few pages; the masthead is published in a fixed position in each issue of the publication in question and often includes information on its owners,

Finally, notice the structure of thoughtful opinion to the industry the articles by reading them very closely. You'll start to see the style You're forward-thinking and you that the publication prefers, which will help you prepare to write for

departments, and staff contacts.



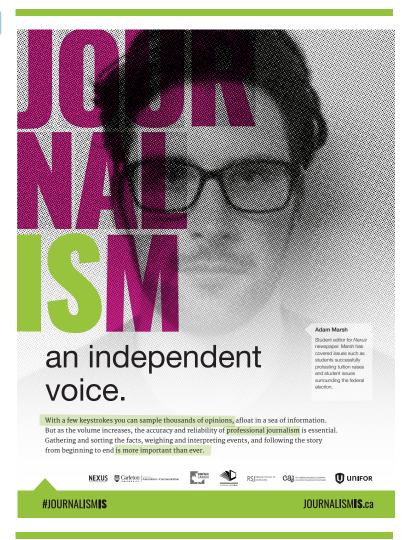
net neutrality word search

Our January 24, 2018 issue's cover story looked at net neutrality; it was a heavy story, with lots of heavy language used in it. We took some of the words in the story to create this word search.

Find the words on the left in the puzzle on the right; as always, stop by the *Nexus* office (Richmond House 201, Lansdowne campus) if you complete this puzzle to pick up something from our pile o' prizes (which includes gift cards to local coffee shops, *Nexus* T-shirts, books, CDs, and more).

COMMODITY CONGRESS CONNECT **DIFFERENTIAL** DISCRIMINATION **ECONOMIC FREEDOMS GOVERNMENT** GRAPPLING INFORMATION INTERFERENCE INTERNET LOBBY **MANIPULATION NEUTRALITY PREFERENCE PRICING PRIORITIZATION** UNCERTAINTY WITHHOLD





Buy a condo at 2016 prices? Yes you can!

Offered at \$25,000 to \$80,000 below current market value - Vivid is an opportunity you can't afford to miss!

Vivid represents a unique opportunity to buy a downtown condo built to Chard Development's consistently high standards - with modern interior finishes and a Chard Signature rooftop terrace - at prices that average \$53,000* below market value. Sound too good to be true? It's not.

Visit us today to find out more.



vividvictoria.com



Sales Centre
100 - 608 Broughton Street
Victoria, BC V8W 1C7

Open Daily Noon to 5pm **250.385.6652**



Savings of \$53,000 represent a rounded average below appraised market value of suites at Vivid. Actual savings will vary



Your student voice.